

**GREAT SALT LAKE COUNCIL
VARSITY SCOUT PROGRAM
HELPS**



Overview of Varsity Scouting

Varsity Scouting is a program based around the needs of young men ages 14 – 17 and is packed with opportunities for adventure, leadership, personal growth, and service. It moves beyond the Scout Troop to take boys into the world of High Adventure start them on their way to becoming leaders, and establish with in themselves confidence in today's society.

The Varsity Scout Coach is the key leader in the organization who has the opportunity to motivate and inspire the young men in his care. He is not the “Master” but rather the “Coach” who leads from the sidelines, trains the team members, and cheers them on through their success or struggles. Other adults assigned as assistant coaches, committee members and program advisors assist him. The duties of these individuals are outlined below and described in detail in the *Varsity Scout Guidebook*.

Each team member receives opportunities to serve in leadership roles as Captains, Squad Leaders or Program Managers. Being mentored by adults who are concerned and anxious for the growth and success of the young man, these boys learn valuable skills for which will follow them for the rest of their lives.

Scouting in any form is not designed to be a “one man show”. This book will help you organize yourself, and thereby develop with the help of your youth leaders and committee, a program that will enhance the lives of those in your care. It will open new ideas, ease the planning burden and help you be successful in your scouting assignment.

In this booklet we will continue to refer to the *Varsity Scout Guidebook*, this is available at the Council Service Center or any Scout Store. It is strongly recommended that you have this book to guide you in your planning, organization, and program.

Mission Statement of The Boy Scouts of America

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

The Aims of Scouting

- *Character Development* - Character encompasses personal qualities, values and outlook. Varsity Scouting strives to help each team member grow.
- *Citizenship Training* - The Varsity Scout program allows young men to practice good citizenship by living and working among others in a team with rules based on the common good.
- *Mental & Physical Fitness* - People get the most out of life when they are mentally and physically fit. Scouting motivates each Varsity Scout to work toward these goals.

The Methods of Varsity Scouting

- *Ideals* - The ideals of Varsity Scouting are spelled out in the Scout Oath, the Scout Law, the Scout motto, and the Scout slogan. The Varsity Scout measures himself against these ideals and continually tries to improve. The goals are high, and, as he reaches for them, he has some control over what and who he becomes.
- *Squads* - The squad method gives Varsity Scouts an experience in group living and participating citizenship. It places responsibility on young shoulders and teaches boys how to accept it. The squad method allows Scouts to interact in small groups where they can easily relate to each other. These small groups determine team activities through their elected representatives.
- *Outdoor Programs* - Varsity Scouting is designed to take place outdoors. It is in the outdoor setting that Scouts share responsibilities and learn to live with one another. It is here that the skills and activities practiced at team meetings come alive with purpose. Being close to nature helps Varsity Scouts gain an appreciation for God's handiwork and humankind's place in it. The outdoors is the laboratory for Varsity Scouts to learn ecology and practice conservation of nature's resources.
- *Advancement* - Varsity Scouting provides a series of surmountable obstacles and steps in overcoming them through the advancement method. The Varsity Scout plans his advancement and progresses at his own pace as he meets each challenge. The Varsity Scout is rewarded for each achievement, which helps him gain self-confidence. The steps in the advancement system help a Varsity Scout grow in self-reliance and in the ability to help others.
- *Personal Growth* - As Varsity Scouts plan their activities and progress toward their goals, they experience personal growth. The Good Turn concept is a major part of the personal growth method of Varsity Scouting. Boys grow as they participate in community service projects and do Good Turns for others. Probably no device is so successful in developing a basis for personal growth as the daily Good Turn. The religious emblems program also is a large part of the personal growth method. Frequent personal conferences with his Team Coach help each Varsity Scout to determine his growth toward Scouting's aims.
- *Leadership Development* - The Varsity Scout program encourages boys to learn and practice leadership skills. Every Varsity Scout has the opportunity to participate in both shared and total leadership situations. Understanding the concepts of leadership helps a boy accept the leadership role of others and guides him toward the citizenship aim of Scouting.
- *Uniform* - The uniform makes the Varsity Scout team visible as a force for good and creates a positive youth image in the community. Varsity Scouting is an action program, and wearing the uniform is an action that shows each Varsity Scout's commitment to the aims and purposes of Scouting. The uniform gives the Varsity Scout identity in a world brotherhood of youth who believe in the same ideals. The uniform is practical attire for Varsity Scout activities and provides a way for Varsity Scouts to wear the badges that show what they have accomplished

Varsity Scout Pledge

As a Varsity Scout I will:

Live by the Scout Oath, Law, Motto, and Slogan;

Honor the dignity and worth of all persons;

Promote the cause of freedom;

and Do my best to be a good team member

Scout Oath (or Promise)

On my honor I will do my best

To do my duty to God and my country

and to obey the Scout Law;

To help other people at all times;

To keep myself physically strong,

Mentally awake, and morally straight.

Scout Motto

Be Prepared

Scout Slogan

Do a Good Turn Daily

Scout Law

TRUSTWORTHY A Scout tells the truth. He keeps his promises. Honesty is part of his code of conduct. People can depend on him.

LOYAL A Scout is true to his family, Scout leaders, friends, school, and nation.

HELPFUL A Scout is concerned about other people. He does things willingly for others without pay or reward.

FRIENDLY A Scout is a friend to all. He is a brother to other Scouts. He seeks to understand others. He respects those with ideas and customs other than his own.

COURTEOUS A Scout is polite to everyone regardless of age or position. He knows good manners make it easier for people to get along together.

KIND A Scout understands there is strength in being gentle. He treats others, as he wants to be treated. He does not hurt or kill harmless things without reason.

OBEDIENT A Scout follows the rules of his family, school, and troop. He obeys the laws of his community and country. If he thinks these rules and laws are unfair, he tries to have them changed in an orderly manner rather than disobey them.

CHEERFUL A Scout looks for the bright side of things. He cheerfully does tasks that come his way. He tries to make others happy.

THRIFTY A Scout works to pay his way and to help others. He saves for unforeseen needs. He protects and conserves natural resources. He carefully uses time and property.

BRAVE A Scout can face danger even if he is afraid. He has the courage to stand for what he thinks is right even if others laugh at or threaten him.

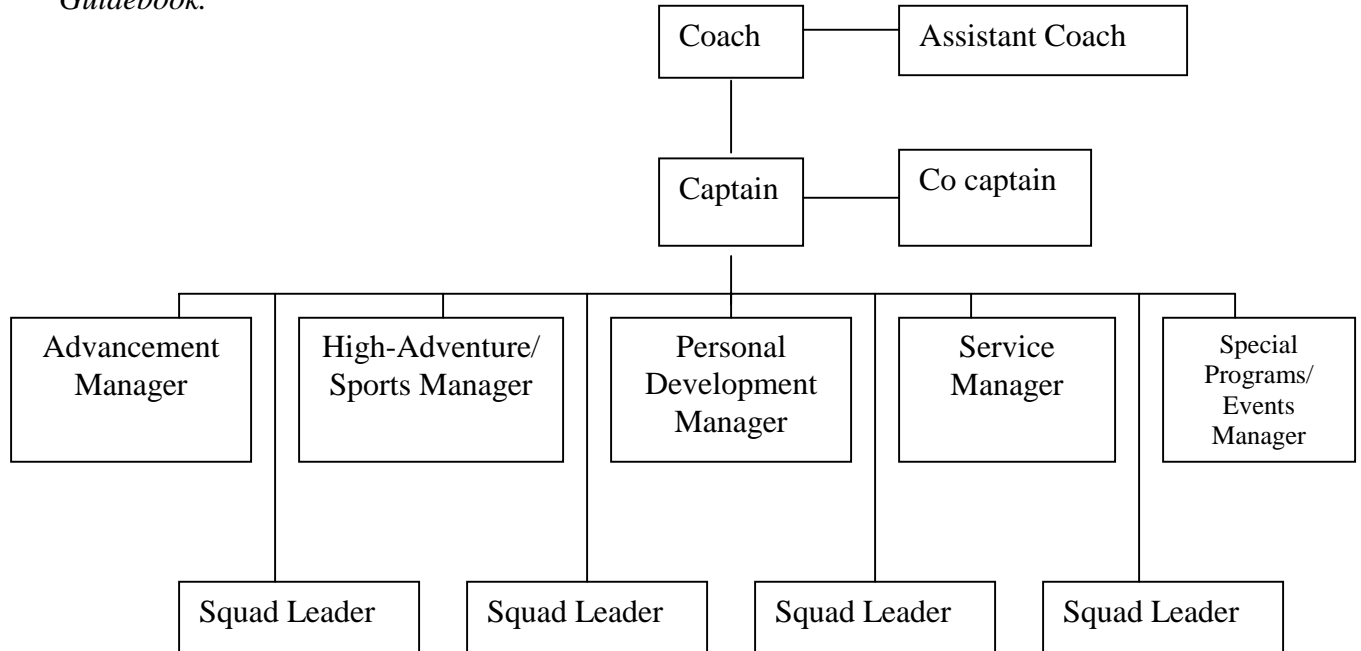
CLEAN A Scout keeps his body and mind fit and clean. He goes around with those who believe in living by these same ideals. He helps keep his home and community clean.

REVERENT A Scout is reverent toward God. He is faithful in his religious duties. He respects the beliefs of others.

Basic organization

Varsity Scouting is a “boy led” program. The key youth leader is the **Team Captain**. He is elected by his team members and works closely with the Team Coach to develop and guide the team to success.

Full job descriptions for each position are found in Chapter two of the *Varsity Scout Guidebook*.



Adaptations can be made to this organization for units with fewer youth. See the *Varsity Scout Guidebook* page 23

Resources

A vast amount of helps are available for Varsity Scout leaders, don't think that you're in this alone.

- The “*Varsity Scout Guidebook*” is the best place to start, it is full of guidelines, helps, suggestions, and recommendations that will help make you a successful leader and your team a successful team.
- *Varsity Team Program Features Volume 1,2,3*. These books, also available at the Scout Stores, are packed with program information on 27 subjects that will surely bring excitement and enthusiasm to your team.
- *The Disappearing Varsity Scout Workbook* designed to help Program Managers and Team Program advisors know their responsibilities. It will disappear before your eyes as you divide up the tasks of the committee.
- *Guide to Safe Scouting* another very helpful publication which will guide you to the current safety policies and procedures of the Boy Scouts of America. This book is also available online at www.gslc-bsa.org
- *Roundtable* This is a monthly meeting for Varsity Scout Coaches in your area with the purpose to supplement your program with new ideas, continued education in skills, knowledge and understanding of the Varsity Scout Program. It also is a great source of information for upcoming events and trainings for Varsity Scouts and leaders.
- *Council Sponsored Activities* more information on all the following activities is available at any scout store, monthly roundtables or on the council website.
 - On Belay – A weeklong training for Varsity Scout leaders both youth and adults. This will give both you and your team captain hands on training in how a Varsity Scout Team operates. Valuable leadership skills as well as practical activity skills are learned and used during this training. It is held at East Fork of the Bear Scout reservation in the High Unitas.
 - Big Event – A three-day activity in June incorporating all aspects of Varsity Scouting. Held in a Mountain Man Rendezvous setting at East Fork of the Bear. More than enough activities to keep every boy busy for three days.
 - On Target – Mountain Top experience held in July where signal mirrors are used to contact other Varsity Teams located on Mountaintops throughout the region.
 - Turkey Shoot – Skeet shooting activity in October, every fifth participant receives a certificate for a turkey. Awards are given to the top shooter and the top team.
 - Biathlon – Winter activity combining snow showing and black powder shooting. Overnight camping is available as an option for each team.
 - Unita High Adventure Base – Located at the East Fork of the Bear Scout Reservation, many high adventure activities including climbing, rappelling, and outpost camping.
 - Teton High Adventure Base. Located in Jackson Hole Wyoming, offers river canoeing, white water rafting, backpacking, COPE, plus many other options.

Five fields of Emphasis

The five fields of emphasis ensures that each Varsity Scout Team is involved in a variety of activities giving opportunities to each team member to discover new interests, talents and learning experiences. They are equal to one another and give balance to the program. See chapters 3 thru 8 in the *Varsity Scout Guidebook*

The five fields are:



1. *Advancement* – In addition to the opportunities offered towards the Eagle Scout Award. Varsity Scouting also offers The *Varsity Scout Letter* and the *Denali* Award.
2. *High Adventure/Sports* – Activities that challenge the Varsity Scout both physically and mentally.
3. *Personal Development* – Stressing personal growth through leadership and citizenship activities, also conservation, academics and scholarship.
4. *Service* – Provide service to the Chartered organization, the community and to individuals.
5. *Special Programs and Events* – this can encompass a great variety of areas, including local, regional, or national activities. Programs sponsored by the chartered organization are also included in this area.



Program Features

Twenty-Seven different activities known to be very popular with Varsity Scout age young men have been developed with in-depth resources to fit into your program, or to develop a program around. These are contained in three volumes available at any Scout Store. In the *Varsity Scout Guidebook*, page 30 - 37 is a chart showing how to incorporate these into the five fields of emphasis. Assuring a well-rounded yearlong program.

The first Four weeks

If you are just getting started as a Varsity Scout coach you must first determine the team's status. This is especially important to get started off with a Bang. Varsity Scouts, committee members, parents and the chartered organization can assist you in gathering the information. Some information you will need to know is:

1. Where the team meets and if the facility is adequate.
2. The type and condition of equipment, such as tents and other camping gear.
3. The number of boys in the team.
4. Adult involvement with the team.
5. Existing plans and calendars.
6. Activities held in the past
7. Were the activities successful?
8. Have promises been made and not kept.

Using this information you will begin to get a feel of the status of your team. You will know the activities that were successful and the ones that were not. Adult involvement is most important in Varsity Scouting. If there has been little or none in the past, find out why. (Many times parents were never asked to assist.)

On the following pages are suggestions to help you organize your first four weeks on the job.

Varsity Team Meeting #1

Getting it together

Arrive early, be sure the meeting location is set up, clean and a good environment. The meeting location could be in a church, home or outdoor setting. Prepare ahead of time enough copies of the Varsity Scout Individual Interest Survey for each boy, and enough copies of the Resource Survey for Varsity Scout Team Adults for the parents of each boy. Bring pencils for everyone.

1. Prepare a short, fun activity to bring the boys together as a group.
2. Introduce yourself; tell them of your dedication to helping the Varsity Program succeed and the importance that everyone work together as a team.
3. Give each Varsity Scout a copy of the Individual Interest Survey and ask them to fill it out. Allow enough time for everyone to complete the form. Collect all the forms and keep them safe.
4. Plan an “Easy to carry out activity” for next week. This could be something simple such as going to a nearby swimming pool or playing Frisbee, capture the flag or another game in a nearby park. If there is already a Team Captain in place, let him lead out in the planning, if not appoint one of the boys to conduct the planning. Be sure to involve all the team members in putting together an activity that will:
 - a. Give immediate outdoor activity
 - b. Involve the entire group
 - c. Allow you as the new coach to watch the interaction of each boy, pay attention to those who lead out and also to those who stay in the background.
 - d. Guide the plan towards an objective that will not overwhelm current availability to support the activity.
 - e. Don’t forget something good to eat at the end.
 - f. Make assignments as far as program items, transportation, parent notification and food.
5. Conclude the team meeting by handing out a copy or two of the “Resource Survey for Varsity Scout Team Adults” and invite each boy to have their parents fill it out and return it next week.
6. As the Team coach finish the team meeting with an inspiring thought or story, we call this, the “Coach’s Corner”. Never miss an opportunity to inspire, uplift or motivate the young men.

Following the meeting, make notes on your observation of the group, and of the assignments made. Discuss with your assistant any special needs or concerns that have shown up early, and action to be taken prior to the activity next week.

Make phone call reminders to the boys of their responsibilities for the activity and be sure all team members are reminded to come. Invite any boys that were not in attendance to the first meeting. This is your opportunity to make a great first impression on all the boys. Don’t miss out.

Varsity Team Meeting #2

The first activity

In the publication “Guide to Safe Scouting” review the section on transportation and be sure all safety precautions have been made before leaving for the activity. If you haven’t completed Youth Protection Training, it is available on line at the council web site. www.gslc-bsa.org Be sure you comply with these standards.

1. Welcome the Varsity Scouts to the activity night. Collect the “Resource Survey for Varsity Scout Team Adults” which each boy was to have his parent fill out during the week.
2. Conduct the Activity
3. Following the activity, gather the Team around and reflect on the activity, allow all the team members to comment on what they liked, learned or enjoyed. What went well, what can be improved?
4. Announce that next week we will organize the team and elect the team captain, program managers and squad leaders. We will also plan the next month’s calendar.
5. Enjoy the refreshments
6. Schedule a Team Leader Meeting for sometime prior to next weeks meeting to compile and summarize the surveys from both the boys and adults. You may also have other adults in the chartered organization fill out surveys to broaden your base of adult help.

Varsity Team Meeting #3

Getting Organized

An important part of Varsity Scouting is the leadership opportunities it provides to the team members. Nearly every member should have a position in the team organization. Leaders are either elected or appointed. Your chartering organization may determine which way to choose the team leaders. In either case it is important to be ready to train each new leader in his responsibilities. Chapter two in the *Varsity Scout Guidebook* discusses the team organization and gives detailed job descriptions for each position. Chapter 14 is a training session that you should conduct for these new leaders. This is also a good time to have all the team committee members attend in order that the newly elected Program managers can meet and sit down with the Program Advisors.

1. Welcome the team members to the meeting.
2. Begin with as appropriate opening ceremony. This could be a flag ceremony or other patriotic opening.
3. Discuss with the boys the organization of a Varsity Scout Team use the *Varsity Scout Guidebook* as your text. Chapter two will give you all the information you will need.
4. If you are electing offices you as the Varsity Coach can have a good influence on the results if you remind the boys ahead of time the need for leadership opportunities for advancement towards Eagle or for other needs. If leaders are

- appointed, be sure that those needing the experience for whatever reason receive the opportunity to serve.
5. When the team is organized remind them of their obligation and then let the newly elected Captain take charge of the remainder of the meeting.
 6. In the remainder of the time Hold a Team leaders meeting to plan the next four-team meetings.
 7. The Captain should give assignments to the Program Managers for each of the selected activities. Program Managers can then meet with the Program Advisors to begin their planning. Use *The Disappearing Varsity Scout Workbook* to help them get started in learning their responsibilities.
 8. A game or short fun activity is a great way to end the session followed by a short Coaches corner and then the ever-popular cracker barrel.

Following the meeting set up a time to meet with the team leaders to schedule a Team Leaders Training Seminar (see Chapter 14 of the *Varsity Scout Guidebook*.)

Varsity Team Meeting #4 **We're in business**

This meeting should be under the direction of the Team Captain. Using the plans made during last weeks meeting carry out the activity letting the boys lead out. They may struggle or need guidance, but don't step out in front and take over. Remember, you are the coach you stay on the sidelines.

Moving beyond mediocrity

Soon after the new leaders are in place a yearly calendar needs to be developed. Chapter 15 of the *Varsity Scout Guidebook* deals with program planning and teaches the best methods for putting together the calendar. Use the Interest surveys and Resource surveys in this process to build your program around what the boys are interested in. The *Varsity Team Program Features Volume 1,2,3* will be of great use to you in establishing a dynamic program that will attract even the boys who now do not seem interested.

Attend roundtable and Basic training. These programs are designed with you the Varsity Coach in mind. Your attendance at these will in reality save you time as you function in your duties.

Take your team leaders and go to **On Belay**. A Varsity Leadership Conference for youth and adults, held the end of July each summer this course will teach you and your leaders all the great things you can be doing in Varsity Scouting.

Program Features at a Glance

Use this chart as a guide to planning your program. Teams may plan activities other than those listed in the individual program features.

	Sports/High Adventure	Advancement	Service	Personal Development	Special Programs
Backpacking. The team is probably already somewhat experienced at backpacking. Preparation time could involve sharpening packing skills, making equipment, conditioning, and preplanning.	Cover material in the Backpacking program feature. Plan a backpacking trip. The ultimate adventure could be a backpacking trip at Philmont or on a trail such as the Continental Divide trail.	Backpacking merit badge -- check advancement needs for each team member.	While on the backpacking trip, carry out a conservation project.	Plan a worship service during the trip.	Visit an agency responsible for a wilderness area. Have an expert do a session on no-trace camping.
Basketball. Varsity Scout basketball is fun and easy to plan. All you need are two teams, a ball, and a basketball court.	Cover material in the Basketball program feature. Join a league or play other Varsity Scout teams in your community.	Sports merit badge – check advancement needs of each team member.	Conduct a coaching session for youth.	Learn about the prevention and care of sports injuries.	Attend a college or professional basketball game.
Bowling. Bowling could be a great cold-weather alternative to some of the rugged outdoor activities. Bowling requires little equipment and is relatively inexpensive.	Cover material in the Bowling program feature. Join a bowling league by contacting your local bowling center.	Engineering merit badge – check advancement needs for each team member.	Offer assistance to a team member in carrying out his Eagle Scout leadership service project.	Tour a bowling alley. Learn to keep score.	Plan a coed bowling party.
Canoe Camping. There is no doubt the team has already been introduced to canoeing and camping.	Cover material in the Canoe Camping program feature. Plan a canoe camping trip, which can be a special experience. Endurance is required for several days of paddling and portages, so a physical conditioning program prior to the trip is vital.	Canoeing merit badge – check advancement needs for each team member.	Plan a conservation project to be done on the canoe camping trip.	Visit an outdoor sports equipment facility to learn about associated careers.	Build a canoe from natural materials.
Caving. A caving ultimate adventure could give your team a challenging experience.	Cover the material in the Caving program feature. Plan and conduct a caving activity. Participants should learn knot tying, first aid, and safety as you prepare for the trip. In cave exploration, the selection of an experienced cave guide is critical.	Geology merit badge – check advancement needs for each team member.	Assist an elderly homeowner with yardwork and repairs.	Invite a member of a caving organization to present a program.	Have a family night – show slides and videos of caving activity.

<p>Cross-Country Skiing. Mastering the skills necessary to deal with the challenge of winter can provide a confidence boost in the way a young person deals with other challenges in life.</p>	<p>Cover the material in the Cross-Country Skiing program feature. Organize a tour race. A cross-country skiing trip could be an ultimate adventure that would long be remembered. The planning and conditioning for such a trip would take several months.</p>	<p>Snow Sports merit badge – check advancement needs for each team member.</p>	<p>Conduct a winter clothing drive.</p>	<p>Learn winter survival skills.</p>	<p>Attend a cross-country ski event.</p>
<p>Cycling. It can be fun and challenging, and when the element of camping is added, it can become an ultimate adventure. Preparation for a cycling trip would involve biking maintenance, route planning, and conditioning.</p>	<p>Cover material in the Cycling program feature. Plan a bike trip. With the popularity of cycling, there are many expert cyclists available to assist in training and planning a cycling activity.</p>	<p>Cycling merit badge – check advancement needs for each team member.</p>	<p>Plan a service project as part of the bike trip.</p>	<p>Invite a law enforcement officer to explain laws about cycling.</p>	<p>Invite selected parents to tell about their profession.</p>
<p>Frontiersman. In the early 19th century, mountain men began exploring the western frontiers in search of adventure and wealth. Every aspect of their existence was an adaptation of their wilderness surroundings, including their appearance, speech, and diet. Mountain men would rendezvous to sell their furs and to compete with others in fun and games.</p>	<p>Cover the material in the Frontiersman program feature. Plan a team high-adventure event. Consider designing clothing of the mountain man, playing their games, or primitive camping.</p>	<p>Wilderness Survival merit badge – check advancement needs for each team member.</p>	<p>Conduct a service project for a historical society.</p>	<p>Conduct a genealogy search to identify mountain men in their family trees.</p>	<p>Contact a qualified instructor to conduct a session on muzzle-loading firearms.</p>
<p>Mechanics. Gentlemen, start your engines. Begin with the basics of auto mechanics and progress through the drive train of an automobile.</p>	<p>Cover the material in the Mechanics program feature. Plan the team's annual high-adventure event. You may need an outside consultant to assist with this program feature. Automobile safety should be a major emphasis during this experience.</p>	<p>Traffic Safety merit badge – check advancement needs for each team member.</p>	<p>Adopt a part of a highway for litter cleanup.</p>	<p>Invite a law enforcement officer to explain how to get a driver's license.</p>	<p>Attend a motorized speed event. Conduct a safe-driving rodeo.</p>

<p>Operation On-Target. This program feature gives the team an opportunity to learn about signaling with mirrors and exposes Varsity Scouts to radio communications, movie-making equipment, photography, and other subjects.</p>	<p>Cover the material in the Operation On-Target program feature. Participate in an On-Target program.</p>	<p>Review each team member's advancement status.</p>	<p>Assist a new team in building signaling mirrors.</p>	<p>Conduct a forum on the importance of being "on target" in everyday life.</p>	<p>Have a family night program to share photos and videos made during the On-Target activity.</p>
<p>Orienteering. This exciting competitive sport is rapidly becoming more popular because of its demanding challenges for even the best of athletes. Much like chess, it is a thinking person's sport.</p>	<p>Cover the material in the Orienteering program feature. Plan and conduct an orienteering activity. This activity is a good opportunity to perfect basic skills learned from previous Scout experiences.</p>	<p>Orienteering merit badge – check advancement needs for each team member.</p>	<p>Plan food for wildlife.</p>	<p>Hold a family night progressive dinner.</p>	<p>Contact other teams and plan an orienteering meet.</p>
<p>Rock Climbing and Rappelling. Just imagine yourself leaning out over a 50-foot drop with the open sky around you. Or perhaps you're climbing the sheer face of a cliff that extends 100 feet straight up. Rappelling and rock climbing can be challenging adventures.</p>	<p>Cover the material in the Rock Climbing and Rappelling program feature. With the help of a qualified instructor and careful attention to following Climb On Safely procedures, all members of the team can safely enjoy this activity.</p>	<p>Review each team member's advancement status.</p>	<p>Conduct a service project at your council camp.</p>	<p>Have an expert do a session on Climb On Safely.</p>	<p>Visit a museum with a geology display.</p>
<p>Roller Hockey. This sport has enjoyed rapid popularity growth with the youth of America in recent years.</p>	<p>Cover the material in the Roller Hockey program feature. Compete with another team.</p>	<p>Skating merit badge -- check advancement needs for each team member.</p>	<p>Collect used sports equipment for a children's home.</p>	<p>Learn about equipment and safety.</p>	<p>Attend a college or professional hockey game.</p>
<p>Shooting Sports. If your team is seeking a change of pace, this may be your sport. The program feature is a great resource of planning the program. A qualified instructor is a must.</p>	<p>Cover the material in the Shooting Sports program feature. Plan a high-adventure outing.</p>	<p>Rifle Shooting or Shotgun Shooting merit badge – check advancement needs for each team member.</p>	<p>Work with a sheriff's department or police department on a service project.</p>	<p>Conduct a hunter's safety course for team members.</p>	<p>Visit a shooting range.</p>
<p>Snow Camping. Ready for a challenge? Snow camping is it. Here is your chance to expand your basic camping skills and develop the experience to survive and have enjoyable camping experience in below-freezing conditions.</p>	<p>Cover the material in the Snow Camping program feature. Conduct a snow camping activity.</p>	<p>Emergency Preparedness merit badge – Check advancement needs for each team member.</p>	<p>Identify a disadvantaged family and complete a service project for this family.</p>	<p>Conduct a leadership skills workshop.</p>	<p>Plan a coed ice skating activity.</p>

<p>Soccer. Soccer doesn't require a lot of equipment, and most youth already know the basic rules.</p>	<p>Cover the material in the Soccer program feature. Join a soccer league. Most parks and recreation departments or YMCAs offer soccer leagues.</p>	<p>Review each team member's advancement status.</p>	<p>Assist with meals-on-wheels or other service project.</p>	<p>Invite the manager of a sporting goods store to demonstrate the different types of soccer equipment and uniforms.</p>	<p>Have a coed soccer game.</p>
<p>Softball. This sport requires very little equipment, and leagues have a wide range of experience levels.</p>	<p>Cover the material in the Softball program feature. Challenge other Varsity Scout teams.</p>	<p>Work on the advancement needs of team members.</p>	<p>Select a service project for your chartered organization.</p>	<p>Have a session on the rules of softball.</p>	<p>Go to a batting cage.</p>
<p>Survival. Use this chance to go beyond the skills you learned with Wilderness Survival merit badge. The ultimate adventure should be to work together with members of the team to solve problems to live in harmony with one another.</p>	<p>Cover the material in the Survival program feature. Conduct a survival activity.</p>	<p>Wilderness Survival merit badge – check advancement needs for each team member.</p>	<p>Plan a neighborhood emergency survival workshop that deals with weather-related emergencies.</p>	<p>Have a CPR course for team members.</p>	<p>Invite other teams to participate with your weekend survival encampment.</p>
<p>Swimming. One of the best forms of physical activity, both for sheer enjoyment and exercise. Swimming has always been a part of the Scouting program, but this activity focuses on the skills of competitive swimming.</p>	<p>Cover the material in the Swimming program feature. Plan a swim meet. Indoor pools are available in many communities, and aquatic instructors can usually be found through the local YMCA and American Red Cross.</p>	<p>Swimming merit badge and other aquatic merit badges – check advancement needs for each team member.</p>	<p>Conduct or attend an awareness program on water conservation.</p>	<p>Arrange to have team meetings at a lap pool. Work on distance and speed.</p>	<p>Attend a college swim meet.</p>
<p>Tennis. This sport was designed as a recreational sport to be played on lawns, but has become one of the most popular sports in America for people of all ages.</p>	<p>Cover the material in the Tennis program feature. Have a tennis tournament.</p>	<p>Work on the advancement needs of team members.</p>	<p>Plan a cleanup of a community playground.</p>	<p>Conduct a fitness session.</p>	<p>Attend a college or professional tennis match.</p>
<p>Triathlon. These long-distance competitions consist of three phases, usually swimming, bicycling, and running. The first competitive triathlons were conducted in the mid-1970s and are often referred to as Ironman races. Winter variations could consist of cross-country skiing, snowshoeing, and speed skating.</p>	<p>Cover the material in the Triathlon program feature. Plan a high-adventure activity, lay out the course for a triathlon, and start training.</p>	<p>Personal Fitness merit badge – check advancement needs for each team member.</p>	<p>Clean up a local waterway.</p>	<p>Develop a personal fitness program for the team.</p>	<p>Participate in a 5k run or a bike race.</p>

<p>Volleyball. This sport is easy to learn and the basic rules are simple to understand.</p>	<p>Cover the material in the Volleyball program feature. Plan a volleyball activity with other Varsity Scout teams.</p>	<p>Review each team member's advancement status.</p>	<p>Assist a Webelos Scout den with its activity badge.</p>	<p>Visit a military base. Find out why fitness is vital our country's defense.</p>	<p>Visit a college computer center. Learn how computers are useful in sports.</p>
<p>Waterskiing. This is an exciting, challenging sport whether you're skiing for fun or for competition. Like other sports, the key to waterskiing – the key to enjoyment – is improvement and learning new techniques.</p>	<p>Cover the material in the Waterskiing program feature. Plan a waterskiing activity. Find a qualified instructor to coach the team for this activity.</p>	<p>Waterskiing merit badge – check advancement needs for each team member.</p>	<p>Conduct a waterskier's safety session for a Boy Scout troop.</p>	<p>Visit a law enforcement agency that monitors waterways.</p>	<p>Have a session on the care and maintenance of a motor boat.</p>
<p>Whitewater Canoeing. When it comes to pure excitement and challenge, mastering a whitewater stream has few equals. It requires physical endurance, quick thinking, and superb padding skills.</p>	<p>Cover material in the Whitewater program feature. The ultimate adventure could be attending the Teton High Adventure Base</p>	<p>Review each team member's advancement status.</p>	<p>Assist your game and fish commissioner in tagging fish.</p>	<p>Invite an expert to tell about canoes and kayaks.</p>	<p>Participate in an aquatics program offered in your community.</p>

Varsity Scout Individual Interest Survey

Your name _____ Phone No. _____

What are your hobbies? _____

What do you like to do in your free time? _____

What sports do you play on school or community teams? _____

What musical instrument(s) do you play? _____

How do you earn money? _____

Do you have any of the following? (Circle any that apply.)

Bicycle Mountain bike IN-line skates Fishing gear Rifle Shotgun Bow and arrows
 Golf clubs Tennis racket Snow Skis Snowboard Water skis Motorboat Sailboat
 Computer Model rocket Remote control airplane and boat Horse Sleeping bag
 Backpack Tent Hiking boots Backpack stove Compass GPS (Global Position system)

Circle activities that interest you.

- | | | | |
|---------------------|---|---------------------------------|---|
| Mountain biking | Shotgun shooting | Computers and
Computer games | Lacrosse |
| Mountain climbing | Black powder
shooting | Automobiles/
Auto mechanics | In-line skating |
| Rappelling | Archery | Aviation/flying a
Plane | Street hockey |
| Caving | Reenactments
__ Mountain men
__ Civil War
__ Revolutionary | Radio-control models | Ice hockey |
| Orienteering | | Model rockets | Big-league games |
| Hiking | Fishing | Photography | How to get into
college |
| Backpacking | Deep-sea fishing | Videography | How to do well on
tests |
| Camping | Paramedics/rescue | Dances/socials w/girls | How to vote (and how
to register) |
| Snow skiing | Medicine | Basketball | How to maintain a
Checking account
And write checks |
| Snowboarding | Law enforcement | Baseball/softball | |
| Winter/snow camping | Retail selling/stores | Volleyball | How to get a job |
| Waterskiing | Fire fighting | Bowling | How to get a driver's
license |
| Sailing | Going to the beach | Golf | |
| Canoeing | Scuba diving | Tennis | How to save for and
buy a car |
| Kayaking | Chess | Soccer. | How to obtain and
maintain credit. |
| Whitewater rafting | Board games | | |
| Snorkeling | | | |
| Rifle shooting | | | |

List other activities that interest you.

RESOURCE SURVEY FOR VARSITY SCOUT TEAM ADULTS

Varsity Scouting is for adults as well as boys. We invite your skills and interests so the best possible program can be developed for the Varsity Scouts in this team. In conducting this survey the team committee wishes to find ways you can enjoy sharing your talents to help our team. Your cooperation is greatly appreciated.

Welcome to the family of Team No. _____ in the _____ Council.

Please return this survey to _____.

(Please print.)

Name _____ Home phone _____

Street address _____ Business phone _____

City _____ State _____ Zip _____

1. What is your favorite hobby? _____

2. In which sports do you take an active part? _____

3. Would you be willing to assist the team leaders and team committee occasionally?

4. Please check the areas in which you would be willing to assist.

General Activities

- _____ Campouts
- _____ Hikes
- _____ Outdoor activities
- _____ Swimming supervision
- _____ Bookkeeping
- _____ Typing
- _____ Drawing/art
- _____ Transportation of Varsity Scouts
- _____ Transportation of equipment
- _____ other _____

Special Program Assistance

- _____ I have a station wagon or _____ truck.
- _____ I have a workshop.
- _____ I have family camping gear.
- _____ I have access to a cabin.
- _____ I have access to camping property.
- _____ I can make contacts for special trips and activities
- _____ I can help with team equipment.
- _____ I have coaching experience in _____.
- _____ other _____

5. Please check any skills you have.

- | | | | |
|-----------------|-------------------|--------------------|---------------------|
| __ Backpacking | __ First Aid | __ Orienteering | __ Snow camping |
| __ Black powder | __ Fishing | (map and compass) | __ Sports |
| __ Camping | __ Kayaking | __ Outdoor cooking | __ Star study |
| __ Canoeing | __ Knife and ax | __ Rifle/shotgun | __ Survival |
| __ Citizenship | __ Motorboating | __ Ropework | __ Waterskiing |
| __ Conversation | __ Mountaineering | __ Sailing | __ Other (describe) |
| __ Cycling | | __ Skiing | _____ |

On the other side of this sheet, check the list of subjects in which you are significantly knowledgeable.

Varsity Scout Team Meeting Plan Worksheet

Feature _____

Meeting location _____

Date _____ Time _____

Activity	Description	Person Responsible	Time
Warm-up (Preopening) <ul style="list-style-type: none"> • Early arrival activity • Set up meeting room 			
Opening <ul style="list-style-type: none"> • Ceremony or song • Welcome • Announcements 			
Team Business <ul style="list-style-type: none"> • Reports • Assignments • High Adventure/sport • Service • Personal Development • Special Program & Events • Squad events • Other reports 			
Skills Instruction <ul style="list-style-type: none"> • Squad meetings • Advancement work • Practice time • Guest specialist/consultant • Contest or game • Special activity 			
Closing <ul style="list-style-type: none"> • Coach's Corner • Quiet song • Closing ceremony 			
Wrap-up <ul style="list-style-type: none"> • Evaluate meeting • Cleanup 			

Varsity Scout Team Activity Planning Worksheet

Activity: _____ Program Manager _____

Team committee member/consultant _____

Place: _____ Date: _____

Team captain's comments: _____

Follow-up: _____

(Filled in by program manager)

Plan the activity. (Meet with your team committee member/consultant; make the plan.)

What needs to be accomplished? _____

Identify needs and resources.

Equipment and facilities needed _____

Determine payment plan for team members. _____

Number of people required _____

Task to Be Done

Assigned to

Follow-up. At additional meetings and through personal contacts, follow up on all assignments until you are sure that everything is ready. If the going gets rough, call on your Coach for help.

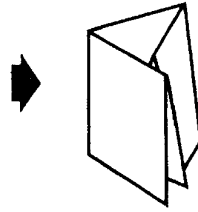
Carry out the plan. Just before the activity, double-check all arrangements. Conduct the activity to the best of your ability, using your supervisor as a resource.

Inform others. Give a copy of the plan to the team captain, program manager, team committee member, and Coach.

Annual Varsity Scout Team Planning Chart

Quarter	Program Feature	Advancement	High Adventure/ Sports	Personal Development	Service	Special Program and Events
1 st September October November						
2 nd December January February						
3 rd March April May						
4 th June July August						

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(Reproduce locally.)



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Name _____ Team No. _____

1. Be a registered Varsity Scout. Date registered _____

Signed by _____
Coach

2. While a Varsity Scout actively participate in or accomplish:

a. Advance one rank toward Eagle, or be an Eagle Scout.

Advanced from _____ to _____

Date _____ Signed by _____
Coach

b. High-adventure/sports activity

Activity _____

Date _____ Signed by _____
Coach

c. Personal development

(1) Leadership position or course _____

Dates _____ to _____ Signed by _____
Coach

(2) Spiritual activity _____

Date _____ Signed by _____
Coach

(3) Citizenship activity _____

Date _____ Signed by _____
Coach

(4) Social or cultural activity _____

Date _____ Signed by _____
Coach

(5) Physical development activity _____

Date _____ Signed by _____
Coach

d. Service project _____

Date _____ Signed by _____
Coach

e. Special program or event _____

Date _____ Signed by _____
Coach

3. Attendance—75 percent or more attendance at Varsity Scout meetings.

From _____ to _____
Date Date

Signed by _____
Coach

4. Know and live by the Scout Oath and Law.

Signed by _____
Coach

ALL REQUIREMENTS COMPLETED _____
Date

Signed by _____
Coach

No. 18-749

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**VARSIITY SCOUT LETTER
 SCORECARD**


Fo No

Fc Nc

Cut along solid lines; fold along dotted lines.



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<p style="text-align: center;">ATTENDANCE</p> <p>Huddle no. _____ Date/initials _____</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%; text-align: center;">1</td> <td style="width: 90%; border: 1px solid black; height: 20px;"></td> </tr> <tr> <td style="text-align: center;">2</td> <td style="border: 1px solid black; height: 20px;"></td> </tr> <tr> <td style="text-align: center;">3</td> <td style="border: 1px solid black; height: 20px;"></td> </tr> <tr> <td style="text-align: center;">4</td> <td style="border: 1px solid black; height: 20px;"></td> </tr> <tr> <td style="text-align: center;">5</td> <td style="border: 1px solid black; height: 20px;"></td> </tr> <tr> <td style="text-align: center;">6</td> <td style="border: 1px solid black; height: 20px;"></td> </tr> </table> <p style="text-align: right;">Huddle commissioner approval _____</p> <p style="text-align: right;">Approved signature _____ Date _____</p>	1		2		3		4		5		6		<p style="text-align: center;">TRAINING</p> <p>Date/initials _____</p> <p>Varsity Scout _____ Leader Fast Start</p> <p>Varsity Scout _____ Leader Fundamentals Approved by training committee</p> <p style="text-align: right;">Approved signature _____ Date _____</p>
1													
2													
3													
4													
5													
6													
<p style="text-align: center;">TENURE</p> <p style="text-align: center;">Complete a minimum of six months as a registered Varsity Scout leader.</p> <p>Dates of service: From _____ to _____</p> <p style="text-align: center;">COMMITTEE ACTION</p> <p>The committee responsible for leadership training accepts this applicant's certification and approves the awarding of his Varsity Scout letter.</p> <p style="text-align: right;">Approved signature _____ Date _____</p>	<div style="text-align: center;">  <p>Varsity Scout Leader Letter Scorecard</p> </div> <p>Name _____</p> <p>Address _____</p> <p>City _____</p> <p>Position _____</p> <p>Team no. _____ District _____</p> <p style="text-align: center;">BOY SCOUTS OF AMERICA</p> <p>No. 18-750 1991 Printing</p>												

Fold No. 1

Fold No. 2